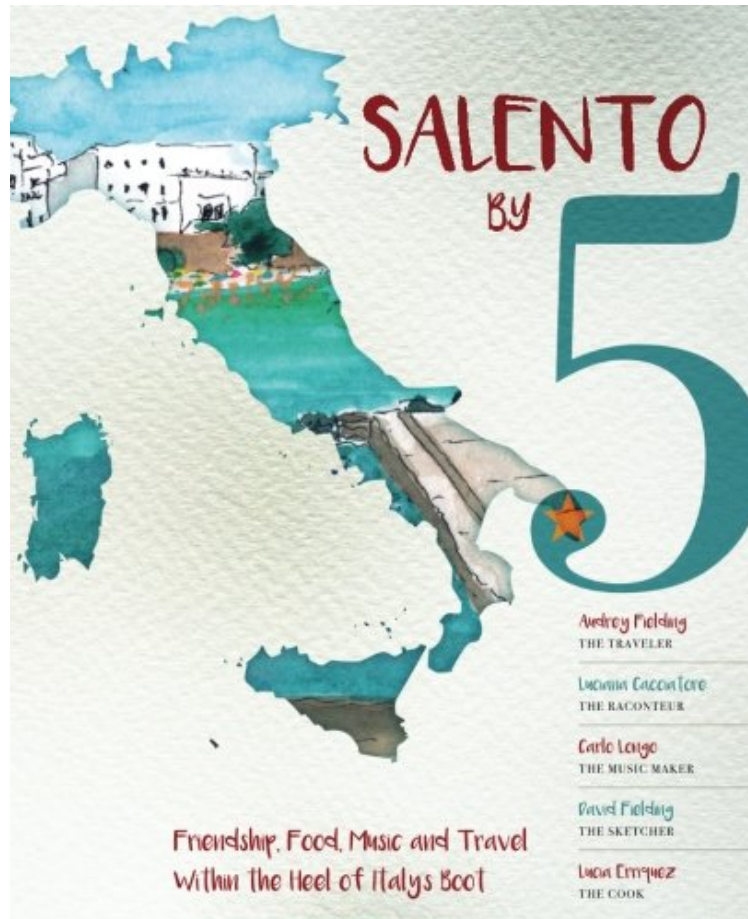


(Read ebook) Salento By 5: Friendship, Food, Music, and Travel Within the Heel of Italy's Boot

Salento By 5: Friendship, Food, Music, and Travel Within the Heel of Italy's Boot

Audrey Fielding, Luciana Cacciatore, Carlo Longo, David Fielding, Lucia Erriquez
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Audrey Fielding, Luciana Cacciatore, Carlo Longo, David Fielding, Lucia Erriquez : Salento By 5: Friendship, Food, Music, and Travel Within the Heel of Italy's Boot before purchasing it in order to gage whether or not it would be worth my time, and all praised Salento By 5: Friendship, Food, Music, and Travel Within the Heel of Italy's Boot:

1 of 1 people found the following review helpful. I loved this interesting and beautifully written book about a part ...By matinal loved this interesting and beautifully written book about a part of Italy not well known to Americans. Salento is in the heel of Italy, a peninsula bounded by the Ionian and Adriatic seas. Two Americans, by a chance encounter with an Italian woman, discovered this sun-drenched and sea-sculpted part of Italy, fell in love with it and returned year after year. They made firm friends with three Italians and the 5 - thus the title - have shared their mutual love of the land and culture of Salento to make this book. Four of the five are teacher/writers whose personal

viewpoints and experiences with Salento are the heart of the book. The American visitors learn to enjoy the rhythms of life in a place where friendships are generous, food is local, eating is a pleasure of uncomplicated, but pure tastes, and the beautiful sea beckons middle-aged people to go skinny dipping. The Italian writers reflect upon their relations with their birth place including its history, traditions, its music and food, and what it was like to grow up there. The fifth contributor is an artist whose colorful postcard sketches capture the ambience of the place - the terrain, the people and architecture. The book may remind you of *Under the Tuscan Sun* because it is part memoir, but it is part travelogue, too. Throughout the book each of the authors offers information on places to stay, where to eat, and what to see, and with specifics of names, addresses and web sites. Then, too, there are recipes included so the armchair traveler can cook and eat some of the good food of Salento. When I finished reading *Salento by 5*, of course, I was ready to book a flight there for my next vacation. Read it, and I bet you'll want to, too.

2 of 2 people found the following review helpful. Entertaining As Well As Informative
By Pat B. This is not the type of book that I usually read, but I thoroughly enjoyed the personal narratives from the 5 authors viewing the Salento area from their different perspectives. Audrey has really incited a desire in me to visit all the little towns that were described in such wonderful detail, and especially to meet Luciano, Carlo and Lucia. Of course, eating the delicious local foods and mingling with the local people is what makes any trip special. David has captured the the flavor of the area with his drawings and watercolors. I especially liked Pippi's octopus lure. I had no idea how to catch an octopus. I'm glad I stepped out of my box of normal reading material to experience Salento vicariously, and perhaps one day I will get to experience it in person.

1 of 1 people found the following review helpful. " Then the adventure begins—a newly-retired American couple falling in love with a far- away Salentine peninsula stretching out
By John Denvir The story starts with a chance meeting in an Italian airport of two women, one American and the other Italian. The Italian makes a perhaps ritualistic invitation to “come see us next time you’re here.” But the American, Audrey, and her husband, David, decide to take the invite seriously and eventually find themselves knocking on the Italian’s door not knowing what reception to expect. “You made it!” Then the adventure begins—a newly-retired American couple falling in love with a far- away Salentine peninsula stretching out into the Adriatic, dense with olive trees and ringed with sandy beaches. Audrey provides the primary narrative of their experience of falling in love with a new language, a new cuisine, and, most importantly, new friends. I found her recounting of their attempt to provide their Italian friends a “California” dinner that ended as a culinary disaster but a social success especially moving. But Audrey’s words are perfectly complemented by David’s delicate watercolors to make their experience come to life for the reader. There are even travel tips for readers who want to follow in their footsteps and recipes of local specialties for those who choose to stay home. A delight from start to finish!

Salento by 5 is a collection of richly woven Italian stories, written by three local Italians and two American travelers. A friendship begins in the Rome airport, migrates to Salento, the southernmost Italian region of Puglia, blossoms over food and wine, and culminates in a narrative filled with nostalgic and personal recollections of Salento’s unique history, culture, and people. Enjoy the book’s watercolor sketches, the local recipes, and off-the-beaten path travel hints that only the *Salento by 5* authors can provide. Whether you are an armchair traveler or looking for a new Italian adventure in a not so well known region, *Salento by 5* has a little something for everyone.

Salento by 5 delivers well-crafted tales that appeal to all the senses from steaming mussels and freshly baked bread to traditional folk music and jagged stones underfoot in the sparkling Adriatic and Ionian Seas. The authors' great love of and respect for the region shine through in both the prose and artwork, and the five different voices in this book dive into the traditions, customs, and cuisine of Puglia like no other I've seen. It's simply a must-read for anyone interested in southern Italy. -Michelle Fabio What a charming and unique travel memoir with stories written by an American couple and the close friends they made during their trips to the Salento. You'll soon be falling under the spell of this special place and the people who inhabit it. Viana La Place, author of *My Italian Garden* "*Salento by 5* is an evocative feast for the senses: from vivid prose to imaginative sketches to mouth-watering recipes and much more, the heel of Italy's boot has never seemed more appealing and alive." --David Farley, author of *An Irreverent Curiosity* There is so much I love about *Salento By 5*: revealed traditions from a part of Italy many don't visit, stories of history that dig deep to explain what one no longer sees, and sensory features celebrating unforgettable flavors, evocative smells, and exquisite sights, all captured in the voices of savvy travelers and generous locals. The book's comprehensive and authentic portrait introduces Salento fittingly and makes it a must-read for those who travel by book or by plane. Meredith Pike-Baky Teacher, Trainer, Writer meredithpikebaky.com