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## Sardinia (Weeklong trips in Italy) (Volume 6)

*Enrico Massetti*

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**Enrico Massetti : Sardinia (Weeklong trips in Italy) (Volume 6)** before purchasing it in order to gage whether or not it would be worth my time, and all praised Sardinia (Weeklong trips in Italy) (Volume 6):

0 of 0 people found the following review helpful. Too much churchesBy RutqvistToo much churches and obvious stuff. I would want more exciting things to do.

David Herbert Lawrence, the famous English writer, loved Italy. He traveled through it far and wide, often on foot.

Sardinia inspired him and he dedicated his fine book to it, "Sea and Sardinia", where he wrote: "Sardinia is left outside of time and history". Of course, nowhere is left outside of time and history. But Lawrence's affirmation has a certain "poetic" truth, which captures and sums up a sensation which unites everyone who goes to Sardinia: the sensation of finding oneself in a region where the stunning beauty of nature, the limpid waters of the sea, the reserved and genuine character of the people, the exquisiteness of the many typical dishes, the ancient traditions, and the various expressions of Sardinian culture, will never change. In spite of the twists and turns of history, and in spite of the passing of time. The Phoenicians, Carthaginians, Romans, Arabs, Byzantines and Spanish all arrived in this splendid island: Sardinia assimilated and reinterpreted all these different influences, integrated them into its own culture, but did not allow its heart, its own profound way of feeling, to be touched or changed. This is a guide for a visit to Sardinia lasting ten days to two weeks. The itinerary starts from Olbia, on the Costa Smeralda, and then touches La Maddalena, Porto Torres, Sassari, Alghero, Macomer and its nuraghi, Oristano, Iglesias, Cagliari, Sorgono, Nuoro and Orosei. There are descriptions and photos of the attractions, and description of the best beaches that are near the locations being described. Cuisine and several recipes in Sardinia are covered. It has information on how to get to Sardinia by either air or by a ferry service. It contains reviews on many restaurants in the towns covered by the guide. The guide is organized in a circular fashion, you can start from Olbia or from any other city where you can arrive via air or ferry.

About the Author Enrico Massetti was born in Milano. Now he lives in Washington DC, USA, but he regularly visit his hometown, and enjoys going around all the places in his home country. Enrico can be reached at [enricomassetti@msn.com](mailto:enricomassetti@msn.com).