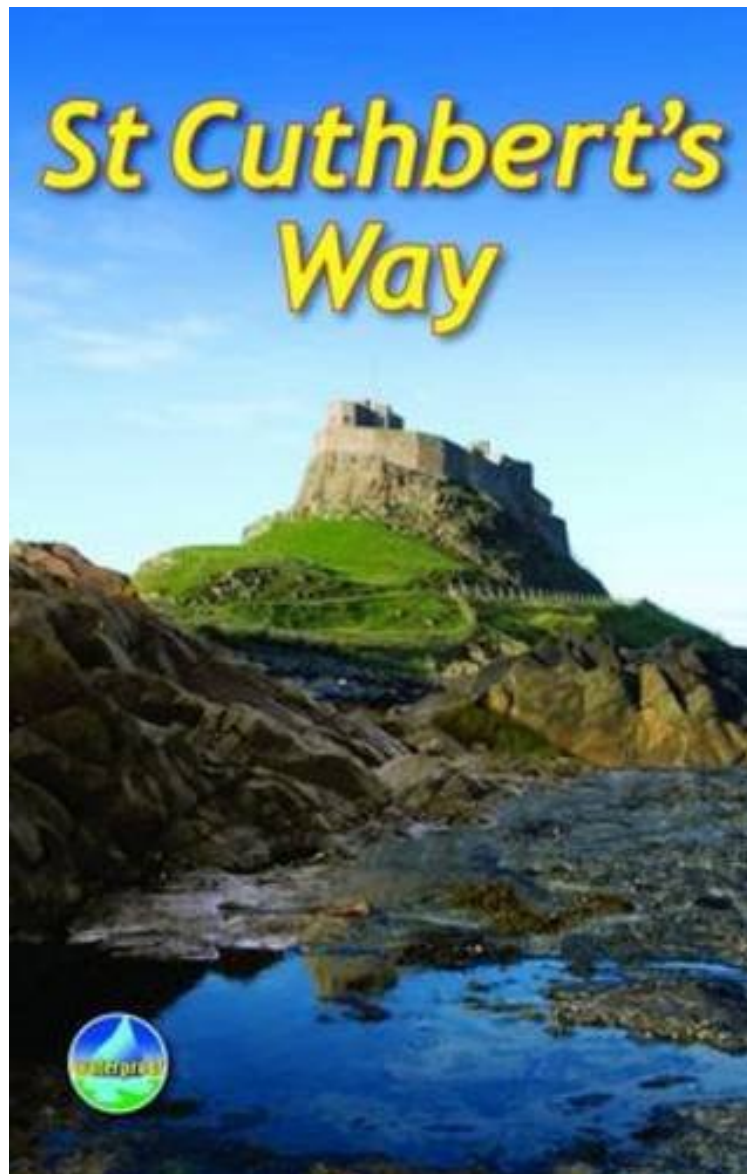


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St. Cuthbert's Way (Rucksack Readers)

Ronald Turnbull

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Ronald Turnbull : St. Cuthbert's Way (Rucksack Readers) before purchasing it in order to gage whether or not it would be worth my time, and all praised St. Cuthbert's Way (Rucksack Readers):

Follow the footsteps of St Cuthbert in this easy-going walk of 62 miles (100 km) from Melrose Abbey in the Scottish

borders to the Holy Island of Lindisfarne in the North Sea. The route passes many fine abbeys, hill forts and castles, includes a section of Roman road and finishes with the barefoot Pilgrims' Path across tidal sands. The walk can be completed comfortably in 5 or 6 days and there are welcoming pubs and BBs along the route. The guidebook has 60 photographs, shows altitude profiles for each section and has a dropdown map in four panels (scale 1:100,000). The format is lightweight, robust and waterproof.

About the Author Ronald Turnbull is based in southern Scotland, midway between Arrochar and Ambleside. He has a particular interest in multi-day backpack trips over rough country, summit sleep-outs, and challenge walks both established and self-devised. He has completed 19 different coast-to-coast journeys across various parts of the UK and slept out without a tent on 60 different UK summits. As well as the UK hills in all their wonderful variety, he enjoys hot, rocky, and preferably Spanish-speaking corners of Europe, and makes occasional hikes through the USA. He has won the Outdoor Writers' Guild Award for Excellence six times in four separate categories. In 1995 he won the Fell Running Association's Long Distance Trophy for a 10-day run over all the hills of Southern Scotland - a journey of 450 miles with over 90,000ft of ascent. He completed the 24-hour Bob Graham Round of 42 Lakeland summits in 1994.